

Introduction

This service manual describes the service procedures for the CBR1000F.

This Model Specific Manual includes every service procedure that is of a specific nature to this particular model. Basic service procedures that are common to other Honda Motorcycle/Motor Scooter/ATVs are covered in the Common Service Manual. This Model Specific Service Manual should be used together with the Common Service Manual in order to provide complete service information on all aspects of this motorcycle.

Performing the first scheduled maintenance is very important. It compensates for the initial wear that occurs during the break-in period.

Sections 1 and 3 apply to the whole motorcycle. Section 2 illustrates procedures for removal/installation of components that may be required to perform service described in the following sections. Sections 4 through 17 describe parts of the motorcycle, grouped according to location.

Find the section you want on this page, then turn to the table of contents on the first page of the section.

Most sections describe the service procedure through system illustration. Refer to the next page for detail on how to use this manual.

If you are not familiar with this motorcycle, read Technical Feature in section 19.

If you don't know the source of the trouble, go to section 20 Troubleshooting.

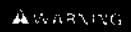
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Service Publications Office

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Important Safety Notice



WARNING Indicates a strong possibility of severe personal injury or death if instructions are not followed.

CAUTION:

Indicates a possibility of personal injury or equipment damage if instructions are not followed.

NOTE:

Gives helpful information.

Detailed descriptions of standard workshop procedures, safety principles and service operations are not included. It is important to note that this manual contains some warnings and cautions against some specific service methods which could cause PERSONAL INJURY to service personnel or could damage a vehicle or render it unsafe. Please understand that those warnings could not cover all conceivable ways in which service, whether or not recommended by Honda, might be done or of the possibly hazardous consequences of each conceivable way, nor could Honda investigate all such ways. Anyone using service procedures or tools, whether or not recommended by Honda, must satisfy himself thoroughly that neither personal safety nor vehicle safety will be jeopardized by the service method or tools selected.

Type Codes

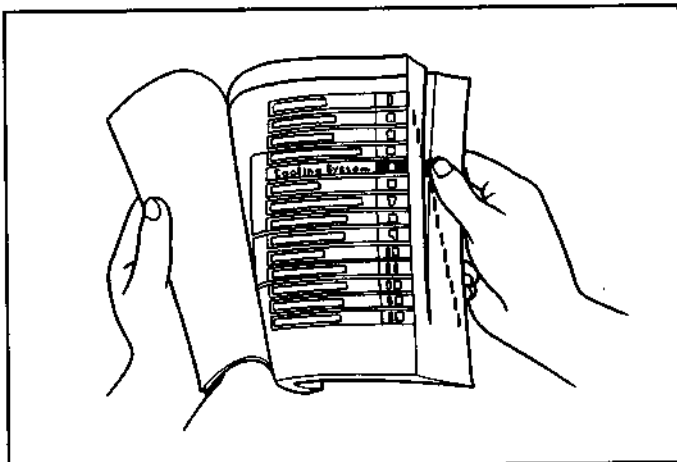
• Throughout this manual, the following abbreviations are used to identify individual model.

Code	Area Type
ED	European direct sales
E	U.K.
F	France
G (GI/GII)	Germany (Full power/Limited power)
U	Australia
ND	North Europe
SW	Switzerland
IT	Italy
H	Netherland
AR	Austria
SP	Spain

How To Use This Manual

Finding The Information You Need

- This manual is divided into sections which cover each of the major components of the motorcycle.
- To quickly find the section you are interested in, the first page of each section is marked with a black tab that lines up with one of the thumb index tabs before this page.
- The first page of each section lists the table of contents within the section.
- Read the service information and troubleshooting related to the section before you begin working.
- An index of the entire book is provided in the last chapter to directly locate the information you need.



Note On The Explanation Method Of This Manual

- The removal and installation of parts are for the most part illustrated by large and clear illustrations that should provide the reader with visual aid in understanding the major point for servicing.
- The system illustrations are augmented by call outs whose numbers or letters indicate the order in which the parts should be removed or installed.
- The sequence of steps represented numerically are differentiated from the ones represented alphabetically to notify the reader that they must perform these steps separately.
- For example, if the steps prior and up to camshaft removal are performed with the engine installed, but the subsequent steps like cylinder head removal require engine removal, the callouts are grouped in numerical and alphabetical orders.
- The illustrations may contain symbols to indicate necessary service procedures and precautions that need to be taken. Refer to the next page for the meaning of each symbol.
- Also in the illustration is a chart that lists information such as the order in which the parts is removed/installed, the name of the part, and some extra notes that may be needed.
- Step by step instructions are provided to supplement the illustrations when detailed explanation of the procedure is necessary or illustrations alone would not suffice.
- Service procedures required before or after the procedure described on that particular page, or inspection/adjustment procedures required following the installation of parts, are described under the title Requisite Service.
- Standard workshop procedures and knowledge covered in the Common Service Manual are abbreviated in this manual.

System illustration

Step sequence (numerals or alphabets)

Requisite Service

Repair shock absorber assembly (see page 11-8)

Procedure	QTY	Remarks
1. Shock absorber (Shock absorber)	1	Assemble in the reverse order of disassembly.
2. Damper rod lock nut	1	Convert the lock nut to the correct size and torque the lower part.
3. Damper rod lock nut	1	As required, check a locking nut to the damper rod thread.
4. Spring plate	1	As required, check the spring with the locked nut side.
5. Damper rod lock nut	1	

Part name

Symbols

Detailed description of the procedure

Shock Absorber Disassembly/Assembly

Disassembly

1. Remove the shock absorber from the motorcycle.

2. Remove the shock absorber from the motorcycle.

3. Remove the shock absorber from the motorcycle.

4. Remove the shock absorber from the motorcycle.

5. Remove the shock absorber from the motorcycle.

6. Remove the shock absorber from the motorcycle.

7. Remove the shock absorber from the motorcycle.

8. Remove the shock absorber from the motorcycle.

9. Remove the shock absorber from the motorcycle.

10. Remove the shock absorber from the motorcycle.

11. Remove the shock absorber from the motorcycle.

12. Remove the shock absorber from the motorcycle.

13. Remove the shock absorber from the motorcycle.

14. Remove the shock absorber from the motorcycle.

Assembly

1. Install the shock absorber on the motorcycle.

2. Install the shock absorber on the motorcycle.

3. Install the shock absorber on the motorcycle.

4. Install the shock absorber on the motorcycle.

5. Install the shock absorber on the motorcycle.

6. Install the shock absorber on the motorcycle.

7. Install the shock absorber on the motorcycle.

8. Install the shock absorber on the motorcycle.

9. Install the shock absorber on the motorcycle.

10. Install the shock absorber on the motorcycle.

11. Install the shock absorber on the motorcycle.

12. Install the shock absorber on the motorcycle.

13. Install the shock absorber on the motorcycle.

14. Install the shock absorber on the motorcycle.

Notes

1. Check the shock absorber for damage.

2. Check the shock absorber for damage.

3. Check the shock absorber for damage.

4. Check the shock absorber for damage.

5. Check the shock absorber for damage.

6. Check the shock absorber for damage.

7. Check the shock absorber for damage.

8. Check the shock absorber for damage.

9. Check the shock absorber for damage.

10. Check the shock absorber for damage.

11. Check the shock absorber for damage.

12. Check the shock absorber for damage.















13. Check the shock absorber for damage.

14. Check the shock absorber for damage.

Extra notes or precaution related to the service procedure

Symbols

The symbols used throughout this manual show specific service procedures. If supplementary information is required pertaining to these symbols, it would be explained specifically in the text without the use of the symbols.

	Replace the part (s) with new one (s) before assembly.
	Use special tool.
	Use optional tool. These tools are obtained as you order parts.
 10 (1.0, 7)	Torque specification. 10 N•m (1.0 kg-m, 7 ft-lb)
	Use recommended engine oil, unless otherwise specified.
	Use molybdenum oil solution (mixture of the engine oil and molybdenum grease with the ratio 1 : 1).
	Use multi-purpose grease (Lithium Based multi-purpose grease NLGI #2 or equivalent).
	Use molybdenum disulfide grease (containing more than 3% molybdenum disulfide, NLGI #2 or equivalent). Example: Molykote®BR-2 plus manufactured by Dow Corning, U.S.A. Multi-purpose M-2 manufactured by Mitsubishi Oil Japan
	Use molybdenum disulfide paste (containing more than 40% molybdenum disulfide, NLGI #2 or equivalent). Example: Molykote®G-n Paste manufactured by Dow Corning, U.S.A. Honda Moly 60 (U.S.A. only) Rocol ASP manufactured by Rocol Limited, U.K. Rocol Paste manufactured by Sumico Lubricant, Japan
	Use silicone grease.
	Apply a locking agent. Use the agent of the middle strength, unless otherwise specified.
	Apply sealant.
	Use brake fluid DOT 4. Use the recommended brake fluid, unless otherwise specified.
	Use Fork or Suspension Fluid.

1. General Information

1

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General Safety

Carbon Monoxide

If the engine must be running to do some work, make sure the area is well ventilated. Never run the engine in an enclosed area.

⚠ WARNING

- The exhaust contains poisonous carbon monoxide gas that can cause loss of consciousness and may lead to death.

Run the engine in an open area or with an exhaust evacuation system in an enclosed area.

Gasoline

Work in a well ventilated area. Keep cigarettes, flames or sparks away from the work area or where gasoline is stored.

⚠ WARNING

- Gasoline is extremely flammable and is explosive under certain conditions. KEEP OUT OF REACH OF CHILDREN.

Hot Components

⚠ WARNING

- Engine and exhaust system parts become very hot and remain hot for some time after the engine is run. Wear insulated gloves or wait until the engine and exhaust system have cooled before handling these parts.

Used Engine/Transmission Oil

⚠ WARNING

- Used engine oil may cause skin cancer if repeatedly left in contact with the skin for prolonged periods. Although this is unlikely unless you handle used oil on a daily basis, it is still advisable to thoroughly wash your hands with soap and water as soon as possible after handling used oil. KEEP OUT OF REACH OF CHILDREN.

Brake Dust

Never use an air hose or dry brush to clean brake assemblies.

⚠ WARNING

- Inhaled asbestos fibers have been found to cause respiratory disease and cancer.

Brake Fluid

CAUTION

- Spilling fluid on painted, plastic or rubber parts will damage them. Place a clean shop towel over these parts whenever the system is serviced. KEEP OUT OF REACH OF CHILDREN.

Coolant

Under some conditions, the ethylene glycol in engine coolant is combustible and its flame is not visible. If the ethylene glycol does ignite, you will not see any flame, but you can be burned.

⚠ WARNING

- Avoid spilling engine coolant on the exhaust system or engine parts. They may be hot enough to cause the coolant to ignite and burn without a visible flame.
- Coolant (ethylene glycol) can cause some skin irritation and is poisonous if swallowed, **KEEP OUT OF REACH OF CHILDREN.**
- Keep out of reach of pets. Some pets are attracted to the smell and taste of coolant and can die if they drink it.
- Do not remove the radiator cap when the engine is hot. The coolant is under pressure and could scald you.

If it contacts your skin, wash the affected areas immediately with soap and water. If it contacts your eyes, flush them thoroughly with fresh water and get immediate medical attention. If it is swallowed, the victim must be forced to vomit then rinse mouth and throat with fresh water before obtaining medical attention. Because of these dangers, always store coolant in a safe place, away from the reach of children. Recycle used coolant in an ecologically correct manner.

Nitrogen Pressure

For shock absorber with a gas-filled reservoir.

⚠ WARNING

- Use only nitrogen to pressurize the shock absorber. The use of an unstable gas can cause a fire or explosion resulting in serious injury.
- The shock absorber contains nitrogen under high pressure. Allowing fire or heat near the shock absorber could lead to an explosion that could result in serious injury.
- Failure to release the pressure from a shock absorber before disposing of it may lead to a possible explosion and serious injury if it is heated or pierced.

To prevent the possibility of an explosion, release the nitrogen by pressing the valve core. Then remove the valve stem from the shock absorber reservoir.

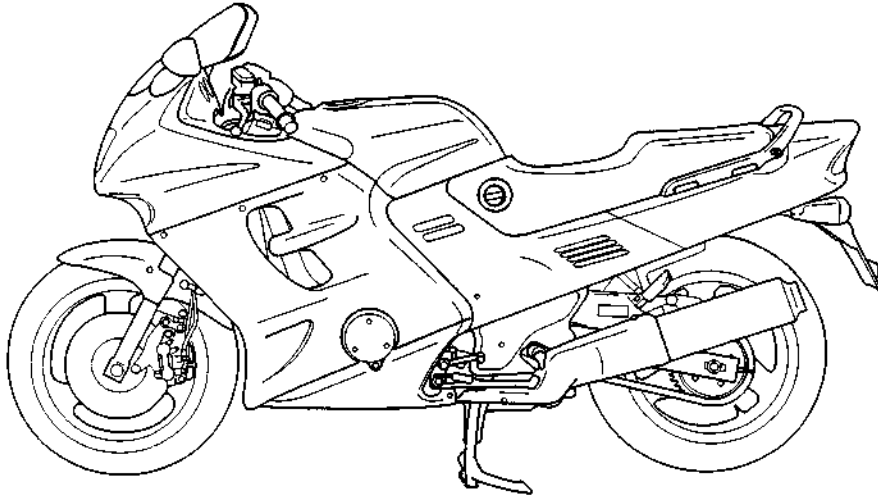
Before disposal of the shock absorber, release the nitrogen by pressing the valve core. Then remove the valve stem from the shock absorber.

Battery Hydrogen Gas & Electrolyte

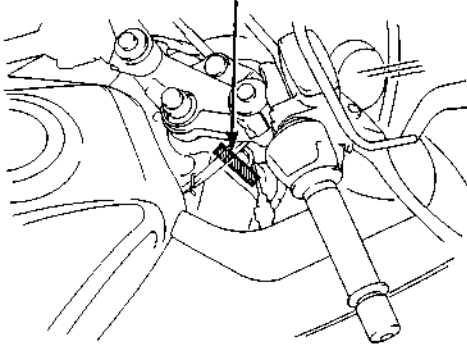
⚠ WARNING

- The battery gives off explosive gases; keep sparks, flames and cigarettes away. Provide adequate ventilation when charging.
- The battery contains sulfuric acid (electrolyte). Contact with skin or eyes may cause severe burns. Wear protective clothing and a face shield.
 - If electrolyte gets on your skin, flush with water.
 - If electrolyte gets in your eyes, flush with water for at least 15 minutes and call a physician.
- Electrolyte is poisonous.
 - If swallowed, drink large quantities of water or milk and follow with milk of magnesia or vegetable oil and call a physician. **KEEP OUT OF REACH OF CHILDREN.**

Model Identification

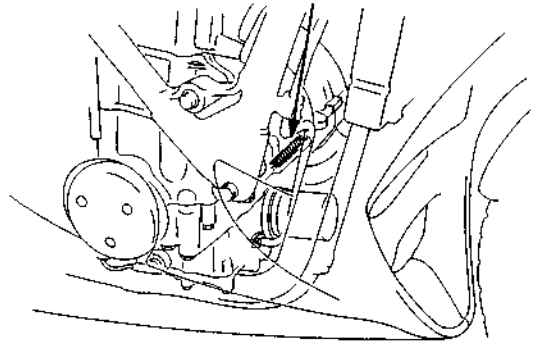


(1) FRAME SERIAL NUMBER

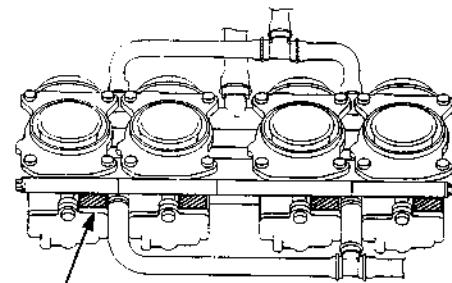


(1) The frame serial number is stamped on the right side of the steering head.

(2) ENGINE SERIAL NUMBER



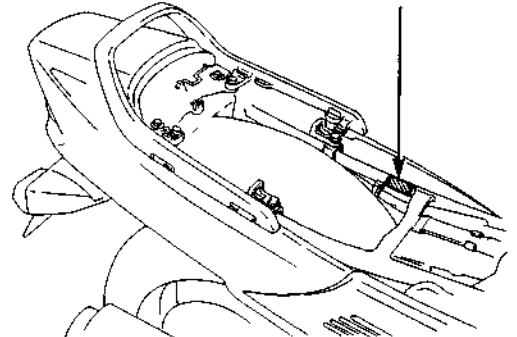
(2) The engine serial number is stamped on the front of the crankcase.



(3) CARBURETOR IDENTIFICATION NUMBER

(3) The carburetor identification number is stamped on the rear side of each carburetor.

(4) COLOR LABEL



(4) The color label is attached as shown. When ordering color-coded parts, always specify the designated color code.

Specifications

General		Item	Specifications
Dimensions		Overall length (G, SW, IT, ND type)	2,235 mm (88.0 in)
		(ED, E, F, AR, SP, U type)	2,270 mm (89.4 in)
		Overall width	740 mm (29.1 in)
		Overall height	1,215 mm (47.8 in)
		Wheel base	1,500 mm (59.1 in)
		Seat height	780 mm (30.7 in)
		Footpeg height	355 mm (14.0 in)
		Ground clearance	140 mm (5.5 in)
		Dry weight	235 kg (518 lbs)
		Curb weight	271 kg (597 lbs)
		Maximum weight capacity	185 kg (408 lbs)
Frame		Frame type	Diamond
		Front suspension	Telescopic fork
		Front wheel travel	130 mm (5.1 in)
		Rear suspension	Swingarm
		Rear wheel travel	115 mm (4.5 in)
		Rear damper	Nitrogen gas filled damper
		Front tire size	120/70 VR17-V270
		Rear tire size	170/60 VR17-V270
		Tire brand (Bridgestone) FR/RR	CYROX19E/CYROX16E (Except AR type)
		Tire brand (Dunlop) FR/RR	K510A/K510B
		Front brake	Hydraulic double disc brake
		Rear brake	Hydraulic single disc brake
		Caster angle	27°
		Trail length	110 mm (4.3 in)
Engine		Fuel tank capacity	22 liter (5.81 US gal, 4.84 Imp gal)
		Fuel tank reserve capacity	3.5 liter (0.91 US gal, 0.77 Imp gal)
		Bore and stroke	77.0 x 53.6 mm (3.03 x 2.11 in)
		Displacement	998 cm ³ (60.9 cu-in)
		Compression ratio	10.5 : 1
		Valve train	Chain drive and DOHC
		Intake valve opens at 1 mm lift	15° BTDC
		Intake valve closes at 1 mm lift	38° ABDC
		Exhaust valve opens at 1 mm lift	40° BBDC
		Exhaust valve closes at 1mm lift	10° ATDC
		Lubrication system	Forced pressure and wet sump
		Oil pump type	Trochoid
		Cooling system	Liquid cooled
		Air filtration	Paper filter
		Crankshaft type	Unit type, 6 main journals
		Engine weight	94.7 kg (209 lbs)
		Firing order	1 - 2 - 4 - 3
		Cylinder arrangement	4 cylinder, inline
		Cylinder number	
		